



OCTOBER 2019 GLUTEN FREE MENU
GREAT HARVEST BREAD COMPANY
 11200 Montgomery (505) 293-8277
www.greatharvestalbuquerque.com
 for menus & other information



OCTOBER Special Every Thursday: Apple Spice Cookies

EVERY SUNDAY

Whole Grain Brown Rice Loaves
 Whole Grain Brown Rice Rolls
 Raisin Cinnamon Walnut Buckwheat & Flax (Dairy Free)

Whole Grain Brown Rice Sandwich Buns
 Whole Grain Buckwheat and Flax (Dairy Free)

SUNDAY OCTOBER 6th(Balloon Fiesta Specials)

Bread: Green Chile Cheese (Whole Grain)
 Rolls & Buns: Green Chile Cheese (Whole Grain)
 Scone: Lemon Blueberry
 Bar: Pumpkin Cream Cheese
Special: Cinnamon Rolls
Special: Pumpkin Yumpkins

SUNDAY OCTOBER 20th

Bread: Cinnamon Pecan (Whole Grain)
 Bread: Quinoa Flax (Whole Grain)
 Scone: Cherry Almond
 Cookie: Sugar

SUNDAY OCTOBER 13th

Bread: Apple Caramel
 Bread: Cheddar Garlic
 Scone: Pumpkin Cream Cheese (NEW!)
 Cookie: Ginger (Dairy Free)

SUNDAY OCTOBER 27th(Halloween Specials)

Bread: Chile Con Queso (Whole Grain)
 Rolls & Buns: Chile Con Queso (Whole Grain)
 Muffin: Pumpkin Gingerbread (Dairy Free)
 Cookie: Caramel Snickerdoodle
Special: Cinnamon Rolls
Special: Pumpkin Yumpkins

EVERY THURSDAY

Whole Grain Brown Rice — Bread & Rolls
 Whole Grain Cranberry Orange Bread
 Whole Grain Goodness Bread

Whole Grain Green Chile Cheese Bread
 Pumpkin Chocolate Chip Dessert Loaf

DISCLAIMER

We use gluten free ingredients and take all reasonable precautions in the preparation of our gluten free products. However, wheat, nuts, and other potential allergens are also baked here.

ORDERS ENCOURAGED AND ACCEPTED UNTIL:

***5:00 PM TUESDAY FOR THURSDAY'S BAKE *5:00 PM FRIDAY FOR SUNDAY'S BAKE**